



FOOD  
SERVICE

Traditional  
*this  
-is-  
our* Greek  
yogurt



# Kourellas Traditional Greek Yogurt

Rich Flavor



# Kourellas Traditional Greek Yogurt



Pure and delicious, our traditional Greek strained yogurt is made with nothing but nature's finest ingredients, no preservatives, stabilizers, starch, pectin. Just pure goodness, made to a Kourellas family recipe handed down through generations.



Enrich your tzatziki, swirl into sauces, dollop over desserts, marinate meat, or eat it neat. It's the real deal.

Authentically Strained  
Reduced Fat Greek Yogurt  
Extra thick for dips



Nutrition facts		
29 servings per container		
<b>Serving Size</b>	<b>2/3 cup (170g)</b>	
Amount Per Serving		
<b>Calories 120</b>		
	<b>% Daily Value*</b>	
Total Fat	3.5g	4%
Saturated Fat	2.5g	11%
Trans Fat	0g	0%
Cholesterol	20mg	6%
Sodium	55mg	2%
Total Carbohydrate	5g	2%
Dietary Fiber	0g	0%
Sugars	5g	0%
Includes 0g Added Sugars	0g	0%
Proteins	17g	34%
Vitamin D	0mcg	0%
Iron	0mg	0%
Calcium	200mg	15%
Potassium	260mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Ingredients:  
Grade A pasteurized cultured skim milk, Cream, Live and active yogurt cultures.



# Kourellas Authentically Strained Traditional Greek Yogurt



# Kourellas Strained Greek Yogurt

Legacy Kourellas Family Recipe using Grade A farm fresh milk, cream & a proprietary blend of more than 6 live and active cultures.



Strained Greek Yogurt with 10% milk fat (no added sugar) delivering unique, thick and creamy texture for use in a broad range of recipes: dips, dressings, marinades, and desserts.

## Strained Greek Yogurt 10% Milk Fat



### Nutrition Facts

29 servings per container  
Serving Size 2/3 cup (170g)

Amount Per Serving	
<b>Calories</b>	<b>230</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 17g	<b>22%</b>
<b>Sat. Fat</b> 10g	<b>50%</b>
<b>Trans Fat</b> 0g.	<b>0%</b>
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 55mg	<b>2%</b>
<b>Total Carb.</b> 6g	<b>2%</b>
<b>Dietary Fiber</b> 0g	<b>0%</b>
<b>Total Sugars</b> 4g	
<b>Includes 0g added sugar</b>	<b>0%</b>
<b>Protein</b> 12g	<b>24%</b>
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 190mg	<b>50%</b>
<b>Iron</b> 0mg	<b>0%</b>
<b>Potassium</b> 220mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Grade A cultured pasteurized milk, cream, live and active yogurt cultures.



www.kourellas.com

